APT-Sepsis Facility Training Plan

Duration:

2 days (likely Tues/Wed and Thurs/Fri)

Key:

* Slides will make up the flipcharts for continued champion-led training sessions
* Videos
* Practical/simulations

**Day 1:**

08:30 – 09:00: Registration

09:00 – 09:20: Introduction to APT-Sepsis

Module 1: Hand hygiene at every moment (**all staff**):

Set up: Hand hygiene posters on walls, hand hygiene station in room, UV lights and lotion, APT-Sepsis Pocket reference at each seat

09:20 – 09:40: Why perform hand hygiene?

09:40 – 10:00: When to perform hand hygiene (5 moments for hand hygiene)

10:00 – 10:30: How to perform hand hygiene (plus hand hygiene dance)

10:30 – 11:00: BREAK

11:10 – 11:20: Hand hygiene video

11:20 – 12:30: Hand hygiene practical

12:30 – 13:30: LUNCH

Module 2a: Prevent infection using best practice (**clinical staff only**):

Set up: Infection prevention and treatment posters on walls, vaginal preparation stations set-up

13:30 – 13:45 Why prevent infection?

13:45 – 14:05 Antibiotic prophylaxis: why, when and how

14:05 – 14:25 Safe clinical practice during delivery

14:45 – 14:45 Introduction to vaginal preparation

14:45 – 15:15 BREAK

15:15 – 15:25 Infection prevention video

15:25 – 16:00 Vaginal preparation practical

Module 2b: Treat infection using best practice (**clinical staff only**)

Set up: Infection prevention and treatment poster remain on walls, gestation wheel at each seat

16:00 – 16:10 Infection treatment video

16:10 – 16:30 Sources of infection

16:30 – 16:50 Using the gestation wheel and infection treatment

**\*\*Between 13:30 and 14:45, non-clinical staff to join champions on clinical areas hand hygiene walk: how to maintain hand hygiene stations, where to display the posters. Between 15:15 to 16:50, non-clinical staff have in introduction to vital signs.\*\***

16:50 – 17:00 Whole group: Day 1 close

**Day 2:**

08:30 – 09:00: Registration

09:00 – 09:10: Recap on Day 1

Module 3a: Suspect sepsis, start FAST-M (**all staff**):

Set up: FAST-Posters on walls, MEOWS chart at each seat with FAST-M Decision Tool

09:10 – 09:20 FAST-M video 1

09:20 – 09:40 The deteriorating patient – the importance of acting fast

09:40 – 10:30 Using the MEOWS Chart

10:30 – 11:00: BREAK

11:00 – 11:10 FAST-M video 2

11:10 – 11:30 Causes of deteriorating vital signs

11:30 – 11:40 FAST-M video 3

11:40 – 12:00 Using the FAST-M Decision Tool

12:00 – 12:30 Deteriorating patient practical

12:30 – 13:30: LUNCH

Module 3b: Using the FAST-M Treatment Bundle (**clinical staff only**):

Set up: FAST-Posters on walls, FAST-M Treatment Bundle, props for FAST-M scenario training (fluids, antibiotics, Gestation Wheel, Treatment poster

13:30 – 13:45 Re-cap on the MEOWS Chart and FAST-M Decision Tool

13:45 – 14:00 Suspected sepsis: why start FAST-M urgently?

14:00 – 14:30 The FAST-M treatment bundle

14:30 – 14:45 FAST-M Simulation demonstration

14:45 – 15:15 BREAK

15:15 – 15:25 FAST-M Video 4

15:25 – 16:30 FAST-M Simulations

**\*\*Between 13:30 and 14:45, non-clinical staff have training in how to raise concerns (SBAR/RSVP). Between 15:15 to 16:50, non-clinical staff have MEOWS Chart/escalation simulations\*\***

16:30 – 16:50 Whole group: Day 2 recap

16:50 – 17:00 Whole group: Day 2 close